

# FROST

PERIODONTICS & DENTAL IMPLANTS

COMPREHENSIVE, INNOVATIVE, ESTHETIC SOLUTIONS

## INSTRUCTIONS PRIOR TO ORAL OR IV SEDATION

For your safety and protection, please follow these instructions:

- Please take any prescriptions as you routinely would with only 1 or 2 ounces of water.
- ORAL SEDATION ONLY: Please report for pre-op, 1 hour prior to your scheduled surgery time. Check-in with your escort and bring your sedation prescription. Do NOT take the sedative before checking in with our office.
- Do not eat anything 6 hours prior to your appointment. You may brush your teeth with water. You may drink water or clear liquids (coffee, tea, Gatorade, juice) until 2 hours prior to your appointment.
- A physically able, responsible adult must accompany you to and take you home from the appointment. The sedative may make you unsteady on your feet. You may require physical assistance. Once discharged from our office, it is your escort's responsibility to ensure that you return home safely and rest for the next 24 hours. You must not be left alone the first 6 hours after sedation.
- Do not wear contact lenses or jewelry to your appointment.
- Loose fitting, short-sleeved shirts & two-piece clothing is suggested for your comfort and for ease of placement of monitoring equipment. Do NOT wear high-heeled shoes as you will not be steady on your feet.
- A change in your health such as the development of a cold or fever is important. Please share that information with your doctor prior to your appointment.
- If you were given a prescription for Norco, wait to take the medication until 6 hours AFTER you leave our office.
- NO driving for 24 hours.